

St. Veronica CES

October 2024



St. Veronica Catholic Elementary School

Trustees: L. del Rosario and T. Thomas

Superintendent: L. Odo

Principal: N. Laporte

Head Secretary: L. Magi

Email: VeronInfo@dpcdsb.org

Website: dpcdsb.org

Location: 680 Novo Star Dr., Mississauga, ON L5W 1C7

Phone: 905-696-6980

Let us Give Thanks

O God, when I have food,
help me to remember the hungry;
When I have work,
help me to remember the jobless;
When I have a home,
help me to remember those who have no home at all;
When I without pain,
help me to remember those who suffer;
And remembering,
help me to destroy my complacency;
bestir my compassion, and be concerned enough to help;
By word and deed,
those who cry out for what we take for granted.
Amen.



THANKFUL

Administrator's Message

In the spirit of Thanksgiving, let us give thanks to...

Our first month together at St. Veronica CES. To friendships new and old, to new challenges, new learning and new growth.



All the families and staff for a wonderful Open House evening. We are very blessed to have had such a wonderful turnout. As always, we will continue to encourage a cooperative partnership between home, school and parish, and will continue to work collaboratively in the best interest of the students entrusted to our care.

The students of St. Veronica CES for supporting our Terry Fox Run and your very generous donations for a worthy cause.

Our staff/coaches/leaders and all other persons who give unselfishly of their time to children to enhance learning experiences.

The staff, students and community of St. Veronica CES who have begun organizing our Thanksgiving Food Drive in order to reach out and help those in need during this time. We also thank all families for their donations. Please consider donating canned goods and toiletries.

Thank you for all you do to make St. Veronica CES such a vibrant and caring community.

On behalf of the entire school staff, we would like to wish our school community a joyous Thanksgiving. We hope you will have the opportunity to enjoy time together as a family and give

thanks for the many blessings we have been bestowed.

Together in faith,

N. Laporte
Principal



Trustee del Rosario and Trustee Thomas

We thank Trustee del Rosario and Trustee Thomas for their continued support of St. Veronica CES.

Please see below for their newsletter.



Newsletter_September_2024_Luz_Thomas.pdf

[Download](#)

615.2 KB



**St. Veronica Catholic Elementary School Staff
2024-2025**



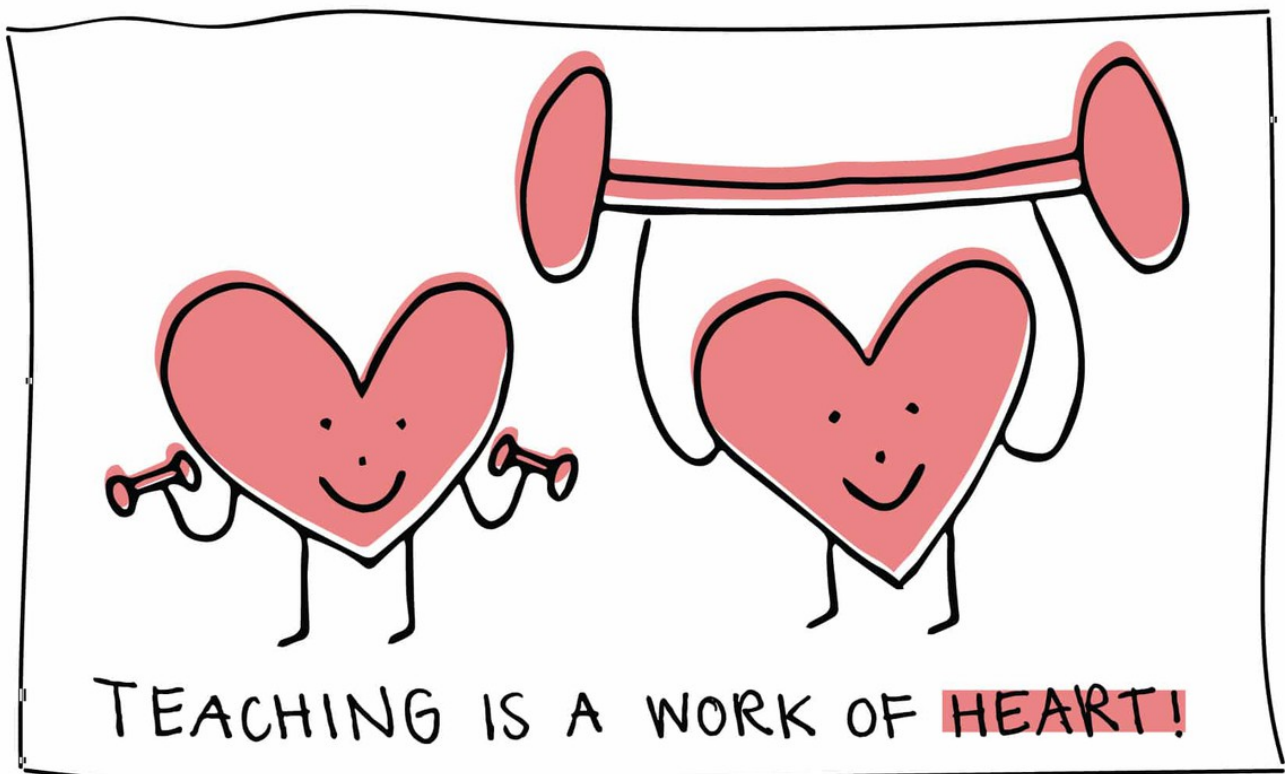
World Teachers' Day

World Teachers' Day is held annually on October 5 to celebrate teachers. Here at St. Veronica we celebrate the critical role teachers play in transforming learners' potential by ensuring they have the tools they need to take responsibility for themselves, for others and for the planet.



We are privileged at St. Veronica to be surrounded by educators and teachers who enlighten our lives with knowledge and wisdom but also with care and understanding. World Teachers' Day might be recognized once a year, however at St. Veronica, we see each and every day the time, energy and love that each educator pours into instilling a passion for learning in their students.

Thank you.



#THANKATEACHER

KnowledgeWorks

Our first meeting will be a hybrid meeting on Thursday, October 3 at 6:30 pm in the school library. This meeting will be to determine the roles/responsibilities of the council for this year.



Future meeting dates will be decided at the meeting. Please note, only those whose nomination forms that were submitted by September 27, 2024 will be permitted voting rights.

We look forward to our first meeting of the year.

IMPORTANT

dates to remember

October 1 - October 10 - Thanksgiving Food Drive

October 2 - Opening School Mass

October 3 - CSC Meeting

October 5 - World Teacher's Day

October 10 - Photo Day

October 10 - Family Cross Country Meet

October 11 - PA Day

October 14 - Thanksgiving Monday (no school)

October 15 - Rosary Apostolate visits

October 18 - Intermediate Trip to Activate

October 23 - Bus Driver Appreciation Day

October 31 - Halloween Dance

Alternating Tuesdays - Portuguese Chicken/Chicken Parm on a Bun

Wednesdays - Freshii Bowls

Thursdays - Pizza

Fridays - Popcorn

OUR FAITH

Our Catholic Faith



St. Francis Xavier Parish

Mass Schedule

Saturday Vigil Mass: 5:00 pm

Sunday Mass: 7:30 am, 9:00 am, 10:30 am, 12:00 pm, 1:30 pm

Daily Masses

Monday to Friday Mass 8:00 am, 7:00 pm

Saturday Mass 7:30 am

Email: stfrancisxaviermi@archtoronto.org

Website: <https://stfrancisxaviermi.archtoronto.org/en/>

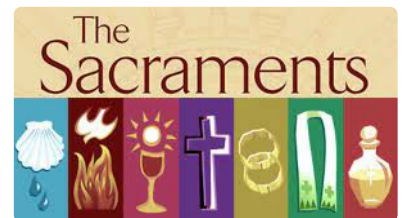
Location: 5650 Mavis Road, Mississauga, ON L5V 2N6

Phone: 905-890-5290

If you are new to the community, you are encouraged to register with the Parish.

Sacraments

We encourage families to contact the parish to inquire about registering for the sacraments of First Holy Communion and Confirmation. Deadlines to register are fast approaching.



All sacramental preparations and celebrations will be at St. Francis Xavier Parish. We thank Father Andrew and his parish team for their continued support and generosity as we work to build our parish community.

'But the fruit of the spirit is love, joy, peace, long suffering, gentleness, goodness, faith.'

Galatians 5:22



Our Virtue of the Month: Empathy

During the month of October, we focus on the virtue of empathy.

God wants us to care about everyone's feelings.

An empathetic person...

- listens when people speak
- notices when someone is upset and tries to help
- can understand and name his/her feelings
- can see a situation from another person's point of view
- accepts that others may feel differently about things that they do

There are days in our lives that we may see others come to school sad, afraid, frustrated or even angry.

To live the virtue of empathy is to walk in another's shoes, truly striving to understand their situation and seeking ways to help. We do not judge others because we never know what others are holding in their hearts. In your everyday life, try to remember that you may not always understand what others are feeling, but you can always be a good friend.

Let us pray... for the grace and strength to be people of empathy - people who can really identify with and feel the concerns of those around us. Amen.

The Ontario Catholic School Graduate Expectations

Catholic education views human life as an integration of body, mind, and spirit. Rooted in this vision, Catholic education fosters the search for knowledge as a lifelong spiritual and academic quest. The expectations of Catholic graduates, therefore, are described not only in terms of knowledge and skills, but in terms of values, attitudes, and actions.

Vision of the Learner - the graduate is expected to be:

A discerning believer formed in the Catholic Faith community who celebrates the signs and sacred mystery of God's presence through word, sacrament, prayer, forgiveness, reflection and moral living.

An effective communicator who speaks, writes and listens honestly and sensitively, responding critically in light of gospel values.

A reflective, creative and holistic thinker who solves problems and makes responsible decisions with an informed moral conscience for the common good.

A self-directed, responsible life-long learner who develops and demonstrates God-given potential.



A collaborative contributor who finds meaning, dignity and vocation in work which respects the rights of all and contributes to the common good.

A caring family member who attends to family, school, parish, and the wider community.

A responsible citizen who gives witness to Catholic social teaching by promoting peace, justice and the sacredness of human life.



Opening School Mass

Our Opening School Mass will take place on Wednesday, October 4 at 10:00 am. It will be a beautiful gathering of our school community. All are welcome to attend.

We thank Father Andrew for his continued spiritual support and guidance.

Are You Ticked?

Catholic Ratepayers - check your tax bill to ensure proper tax support

If you are a Catholic ratepayer, we urge you to check your property tax bill to ensure that your support is directed to your local Catholic School Board, in our case, the Dufferin-Peel Catholic District School Board. If you are a tenant, you can verify your support by contacting our Admissions Department at 905-890-0708, ext. 24512 or 24519, or your local Municipal Office. By ensuring that you are accurately recorded as a Catholic school supporter, you can help deliver a powerful message to the government about the level of support for publicly-funded Catholic education in Ontario.



Also, in order to be eligible to vote for your local Catholic school board Trustee, you must be registered as a separate school supporter.

School Safety Reminders



- @ Web: go.schoolmessenger.ca
 - App: SchoolMessenger
 - Phone: 1-844-435-3440 (Toll-Free)
- 

Reporting Student Absences

Daily attendance and punctuality is important. As in the past, we ask that you inform the school on the days your child will be absent.

This is a safety precaution that can save precious moments should there ever be an emergency situation. Thank you to all parents who have been calling the school and using the Safe Arrival website or app when your child has been absent due to an illness or an appointment.

To use the Safe Arrival School Messenger program, use the link provided below or you can download and install the SchoolMessenger app from the Apple App Store or the Google Play Store. Please note that SafeArrival uses the SchoolMessenger app.

Alternatively, you can call the toll-free number 1-844-435-3440. Listen to and follow the instructions to report an absence.

Safe Arrival

Bringing Your Child to School

It is wonderful to see so many parents and guardians accompany their children to school. We kindly remind you that you should remain outside school yard boundaries and to keep the pathways clear for students to enter the yard. We thank you for your assistance in making our school a place where students feel welcome and safe.



We would also like to remind parents and guardians that school supervision does not begin until 8:15 am. Students should not be arriving before this time, as they will not be supervised.



First Aid

Students often come to the office for bumps and scrapes from falls or trips outside, in the gym or in the classroom. Whenever first aid is given, we will call families to let them know what has happened and what aid they received. If we are unable to reach you, we will leave a message.

Students will also often come to the office for some TLC and magic ice from Mrs. Magi! For these visits, we will absolutely give students what they need, but we will not be calling home.

If you have any concerns, please contact the office.

Custody of Children

On rare occasions, we are faced with difficult situations in which non-custodial parents arrive at the school asking to visit their child or to take their child home after school.

We are best able to serve and protect students when we are made aware of legal custody arrangements, visitation rights, and other special instructions.

If legal custody matters affect your family, please ensure that our office and classroom teachers are aware of custodial arrangements between parents that may affect your child during school hours. Please ensure that a copy of the court order is on file at the school office.



Safety in the Gym

Students are reminded that they must wear proper indoor shoes for gym and appropriate gym clothing. Jewelry must be removed when in gym class or during sports activities. Students are not permitted to wear their 'outdoor' shoes in the gym.

Cyber-Safety

The internet can be a great resource for children and adults. They can use it to research, communicate with others, and play interactive games. Sometimes that access can pose hazards. One area that we are seeing an increase is abuse in the use of social media. That is why it is important to be aware of what your children see and hear on the internet, who they meet, and what they share about themselves online. Just like any safety issue, it is wise to talk with your children about your concerns, take advantage of resources to protect them, and keep a close eye on their activities.



Bikes, Scooters and Rollerblades: Safety First



A safety reminder to all students that bikes, scooters and roller blades are to be walked both on and off the school property. Bikes are to be locked in the bike racks. We do not have facilities to store or secure roller blades or scooters, so there is an added risk of damage or theft and they are not encouraged to be brought to school. The school is not responsible for these items. Your cooperation is appreciated.

Kiss and Ride

Thank you to all of the parents who have helped the morning kiss and ride be so successful. We appreciate how drivers continue to pull as far forward as possible before letting students out. When using the kiss n ride, please ensure that your children exit the vehicle on the right side. The left side lane is a drive thru lane and can present a safety issue for students exiting on the left.



For those parents who park and walk their children to their respective yards, we remind you that it is important to model for them how /where to cross traffic safely.

We thank you for your continued support in making our kiss & ride a safe and effective process.



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Allergies/Anaphylactic Shock

St. Veronica is an allergen aware school. We have a number of students in our school who have severe allergic life-threatening reactions to peanuts, peanut butter, peanut oils, any peanut/nut by-products and dairy products. As in the past, we are asking you to not put any child at risk, therefore, are requesting that **peanuts, peanut butter, peanut oils, any peanut/nut by-product not be brought into the school. We ask that you read the labels of all food items sent to school**

A letter was sent home in September which addressed this issue for each particular class. We are asking parents/guardians not to send food items to school when celebrating your child's birthday. We thank you for your continued understanding.

Administration and Storage of Medication

Parents are responsible for ensuring that all medication and forms are updated annually. If your child requires medication, please have all pertinent forms completed and returned with the medication to the office as soon as possible. Please see the office or link below for the necessary form to be filled out.



JK/SK medications are stored in the classroom.

Students in grades 1 - 8 are required to carry their own medication in a fanny pack. If you wish to submit additional medication to the office, please send it as soon as possible.

Please ensure your child is sent to school with his/her medication.



Student Illness

Peel Public Health has recommended to stay home when students are feeling sick. Students who are ill should be kept at home where they are most comfortable and can get better sooner. A child who is too ill to go out for recess is too ill to be at school. Keeping students at home who are unwell is also appreciated as we do want others to be exposed to illness or communicable diseases. Your cooperation is greatly appreciated.

Emergency Procedures

Each and every school within Dufferin-Peel Catholic District School Board is required to have a fire emergency and evacuation plan. We are required under Board Policy to have three practice 'fire drills' during the first term. The classroom teachers have and will continue to review these procedures with their students. We are also required to review 'Hold and Secure' and practice 'Lockdown' and 'Shelter in Place' procedures. We will continue practicing these drills throughout the school year. Teachers will be assuring their children that this is strictly a practice. Please be assured that we always have the safety of our children as our first concern.



Emergency Evacuation Plan

In the unforeseen event that we should have an emergency at our school, we will evacuate to:

Ecole Elementaire Le Flambeau
600 Novo Star Dr.,
Mississauga, ON

Safety regulations and Board policy require us to have this contingency plan in place.

Bus Transportation

STOPR (Student Transportation of Peel Region)

STOPR is providing bus transportation services for the Dufferin-Peel Catholic District School Board. The STOPR website provides access to up-to-date information regarding delayed buses and bus cancellations due to inclement weather. To check eligibility for transportation, look up your address online (link below) or call 905-890-6000.

STOPR Website



Bus Loading Zone

Please be reminded that the front of the school is designated as a "Bus Loading Zone." Parents/guardians are not permitted to pick up or drop off students in this zone. The safety of our students is our priority. Please drop off or pick up students in the designated school parking lot or the Kiss and Ride area.

School Bus Safety

The conduct of individual students on the bus directly affects the safety of all the students on the bus. The driver's attention needs to be on the road. If students are misbehaving, this can distract the driver.

We are requesting that all parents/guardians reinforce the **School Bus Safety Rules** with their child(ren).



Students should:

- Be at the bus stop 5-10 minutes prior to their stop time. Never play close to the road. Be ready to board the bus by waiting in an orderly line.
- Board the bus in a single file, use the handrail and sit down in their seat as quickly as possible.

- Listen to the bus driver.
- Always remain seated while the bus is moving.
- Do not throw anything around the bus or out of the window.
- Keep the aisles clear of all objects (backpacks, lunches, books, feet, etc.).
- Do not shout. Be especially quiet at railway crossings.
- Never put any part of your body out an open window.
- Be sure to look all ways before crossing the road.
- Do not damage the bus in any way.
- Do not throw garbage on the floor.
- Do not consume any food or drink on the bus.

If students fail to follow the bus safety rules, the student may lose their bus privilege.



Courtesy Seats

We have begun to accept requests for courtesy seats. If you would like to apply for a seat on a current bus route, please submit TFL004 from stopr.ca to Mrs. Magi by October 11, 2024.

Once STOPR has approved the requests, families will be notified when their request can be accommodated.

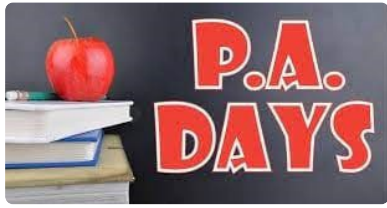
We are not always able to accommodate all of the requests. We are encouraging all students to walk to and from school with a friend. We thank you for your understanding and cooperation.

TFL004 Form

Bus Driver Appreciation

Bus Driver Appreciation Day is Wednesday, October 23, 2024. We celebrate and appreciate all of our bus drivers and we thank them for their hard work and keeping students safe. When you see your bus driver, be sure to say, 'Thank you!'





PA Day

Friday, October 11 is a Professional Activity Day for staff. There will be no school for students. Staff will be involved in faith development and professional learning.

Dental Screening at St. Veronica

Peel Public Health will be conducting dental screenings for students in JK, SK, Grade 2, Grade 4, and Grade 7 at **St. Veronica on Thursday, November 14, 2024.**



What is a dental screening?

- A dental screening is a quick look in the child's mouth by a registered dental hygienist using a no-touch technique.
- A separate, sterilized mouth mirror is used for each child.
- A dental screening identifies children who may need dental care.

What happens after a school dental screening?

- A form with the results of the dental screening will go home with every child screened.
- If a child is identified with a dental condition requiring immediate dental treatment, an additional form will be attached for parents to fill in and return to Peel Public Health. Please read the form(s) carefully.

Prior to any child receiving the free dental screening, DPCDSB requires parent/guardian consent. Consent forms have been sent home to families already. Please complete the form and return it to your child's teacher as soon as possible.

Please see below for a copy of the consent letter.



Dental Screening Letter 2024 for St. Veronica.pdf

[Download](#)
80.2 KB

DPCDSB's Thrive Newsletter

Please see the link below for the Thrive Community Newsletter for October.



Thrive in Community - October 2024.pdf

[Download](#)
4.3 MB

Catholic Code of Conduct

Throughout the year, school expectations, with a focus on safety, respect, and responsibility will be reviewed with students. These expectations, based on the Catholic Code of Conduct, are reviewed and reinforced by teachers in the classrooms. We kindly ask that you review these policies found in the front pages of the student agenda with your child(ren) to ensure consistent expectations at home and school.



The student agenda is a useful communication tool between home and school should you have any questions or concerns to be addressed by your child's teacher.



Routine Vaccines for Students in Grades 7 and 8

Routine Vaccines for Students in Grades 7-12 - It Takes a Village

Every year, Peel Public Health teams up with schools and parents to make sure students get their important vaccines. As part of the Ontario immunization routine schedule, Grade 7 students aged 11 or older are eligible for their routine vaccines. Students can get Hepatitis B (HB), Human Papillomavirus (HPV-9), and Meningitis (Men-C-ACYW) vaccines. These vaccines are safe, have been used for a long time and help keep everyone healthy!

Vaccinations: A Shared Responsibility

Starting in the fall, vaccination clinics will be set up in schools to help students stay on track and get these vaccines for free. The goal is to make sure all students get their vaccines before they complete Grade 8.

For Parents: Keeping Your Child Healthy

If your child is in Grade 7 or 8, the vaccine clinic will take place on **Tuesday, November 26, 2024**. You will also get an immunization fact sheet and a paper consent form to sign.

Want More Information?

For more details about the vaccines, visit the Peel Public Health website or call 90-799-7700.

By working together, we can keep our students healthy and build a stronger community through vaccines.

Peel Public Health Immunization Website

Report Immunizations



The Online Reporting Tool

The Online Reporting Tool was designed to promote a positive school climate and is intended for students who become aware of bullying incidents and negative behaviours impacting the school community. While students are encouraged to report to a staff member in person at school, there may be unique situations the online option is preferred. Simply 'click' on the link below and answer eight questions. The report will be emailed directly to the school's principal and vice principal.

Online Reporting Tool

Board Policy on Personal Electronic Devices

It is the policy of the Dufferin-Peel Catholic District School Board that school community members are to refrain from using their PEDs unless directed to do so by an educator, or for health, medical and/or special education needs.



Students in Kindergarten to Grade 6 must now keep their phones turned off or set to silent mode and out of sight for the school day, unless otherwise allowed by the educator during instructional time for a specific purpose.

Students in Grades 7 to 12 must store their phones out of view and powered off or set to silent mode during instructional time, unless otherwise explicitly allowed by the educator during instructional time for a specific purpose.

Students who need to use their phones or other electronic devices for health and medical reasons, e.g., glucose monitoring, medication administration reminders, etc., or to support specific special education needs, may continue to use them during the school day following consultation with school administration.

Contravention of these Ministry of Education expectations will be addressed according to the procedures outlined within DPCDSB's Catholic Code of Conduct.

Multi-Year Strategic Plan

The Dufferin Peel Catholic District School Board would like to hear feedback from parents/guardians, students, staff, and community partners about the DPCDSB's Multi-Year Strategic Plan (MYSP).

DPCDSB released its revised MYSP for 2023-2027.

The MYSP informs the direction of system operations and is fundamental to developing educational programs for students.

We would love to include your voice in our goals, action steps, and strategies associated with each of the MYSP values of Believe, Excel, Respect, Thrive, and Trust.

The survey will close on Thursday, October 31, 2024.

Take the Survey

Parent Reaching Out (PRO) Grant Session: Navigating the Individual Education Plan (Virtual)

The Special Education Advisory Committee (SEAC) and Special Education and Learning Services are hosting a virtual Pro Grant information session for families who are interested in learning more about the **Individual Education Plan (I.E.P)** in Dufferin-Peel CDSB.

Location: Online – via Microsoft Teams

Date: Wednesday, October 9, 2024

Time: 7:00 to 8:30 p.m.

Registration: Participants are asked to self-register using the [registration link](#) Monday, October 7.

Pro Grant overview: This Virtual Pro Grant information session offers families an opportunity to learn more about the IEP process and how to navigate an IEP document.

School Wide Events and Initiatives



Picture Day

Get your best smiles ready! Our picture day is **Thursday, October 10**.

Terry Fox Run

On Friday, September 20, our entire school participated in the Terry Fox Run. We enjoyed a beautiful day while raising funds for cancer research. A big THANK YOU again to everyone who participated in our annual Terry Fox Walk, Run and Roll. We were able to reach surpass our fundraising goal and raised approximately \$500. Thank you to Mrs. Lawrence and Mrs. Maron for organizing this important event.



Truth and Reconciliation Week and Orange Shirt Day

Truth and Reconciliation Week is an opportunity to reflect on, and learn about, the impacts of residential schools and the historical and ongoing injustices towards Indigenous Peoples. It is also an opportunity to teach and learn about the incredible contributions of Indigenous Peoples. The staff and students at St. Veronica participated in a variety of activities to honour the children lost to the residential school system and to honour survivors and their families.

On September 30, staff and students at St. Veronica wore orange shirts as symbols. The annual Orange Shirt Day was used to open conversations on residential schools and the effect and legacy they have left behind. The St. Veronica community used the opportunity to reaffirm that Every Child Matters.

Thanksgiving Food Drive

Our annual Thanksgiving Food Drive begins Tuesday, October 1 and runs to Thursday, October 10.

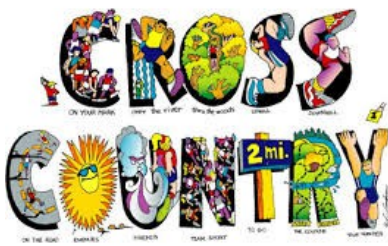
Thank you to all our families for your continued support and generous contributions.



Thanksgiving Food Drive Flyer 2024.pdf

[Download](#)

6.2 MB



Cross Country

Students in grades 5-8 have been working extremely hard at practices for the upcoming cross country meet.

The distances for each grade are as follows:

Grade 4/5 Boys and Girls: 2 KM

Grade 6 Boys and Girls: 2.5 KM

Grade 7 Boys and Girls: 3 KM

Grade 8 Boys and Girls: 3.5 KM

Practices are currently taking place during the school day at lunch. There will be a final selection of the team during the first week of October.

The Mississauga West Family Cross Country Meet will take place on Thursday, October 10 at Erindale Park in Mississauga. A permission form for the event will be sent home. Runners are reminded that they need to make most of the practices and be able to complete the distance without stopping if they wish to be considered for the team.

Thank you to coaches Bozzo, Occhiuto, Weiditch, and Romen for guiding this group of students. Go Vipers Go!

Intermediate Boys and Intermediate Girls Volleyball

The junior boys and girls volleyball tryouts will be happening Monday, October 7. Once selected, the teams will be practicing hard to make this season a great one. Both teams will be playing against our rivals from neighbouring schools in a mini tournaments coming up on December 3 and 5.



We send them our cheers and we pray that the players and their coaches are blessed with positive experiences of sportsmanship, competition, and fun with their teammates. Go Vipers!

Thank you to Mrs. Jones for supporting our students.



Open House Evening

Thank you to all families who joined us for our annual open house. We were thrilled to see so many families join us to hear about the year ahead. You are an integral part of your child's education and we look forward to partnering with you this year. If you have any further questions, please contact your child's teacher.

We are well on our way to having a great year!

Purple Shirt Day

Every October, Children's Aid Societies across Ontario raise awareness about the important role that individuals and communities play in supporting vulnerable children, youth, and families through the provincial Dress Purple Day campaign. The campaign is more important than ever, as families face additional stressors, and in some cases has increased risk for the well-being and safety of children and youth.

This year, Dress Purple Day will take place on Friday, October 25. We are calling on all staff and families of St. Veronica to wear something purple to show children, youth, and families that we are here to help!



Eco School Update

As we begin a new school year, we continue to have the opportunity to be a part of a successful Ontario Eco-School Club. In the 2023-2024 school year, we attained GOLD status in Ontario. We are continuing to strive toward our goal of sustaining the practices we have implemented here at St. Veronica.

In order to minimize our ecological footprint, St. Veronica will continue to encourage our students

- to reduce the use of single-use plastics,
- to have litter-less lunches on Thursdays and Fridays, where students bring in snacks and lunches that are packed in reusable containers instead of containing any disposable waste, and
- to participate in Walk to School Wednesdays.

We will keep you informed over the course of the year as initiatives are being implemented and update you on our progress.



Walk to School - Wednesdays

Did you know?

- Car Transportation is responsible for 26% of greenhouse pollution.
- Canadians on average use more energy than any other country in the world and one of the reasons is due to our reliance on motor vehicles.
- Greater pedestrian traffic can help reduce noise pollution. Noise pollution affects the health of the environment and people, and can discourage wildlife and vegetation from coming into urban areas.



Walking is also extremely important for your health. Walking can..

- Improve cardiovascular fitness.
- Strengthen your bones and muscles.
- Improve muscle endurance.
- Increase energy levels.

Let's start walking to school to help save our environment and make our community a more eco-friendly place.

But don't forget to be safe! Look both ways before crossing the road!



Happy Halloween

All students are invited to wear or bring their costumes on Thursday, October 31st or wear orange and black. As part of our continued efforts to create a safe, caring and inclusive environment within our school, we encourage you to facilitate meaningful conversations with your children regarding their Halloween costume choices.

Just a reminder that all costumes must be safe and appropriate. Please remember that guns, fake blood, swords or weapons of any kind are not permitted at school on this day. Any capes worn must not touch the floor as it can be a trip hazard. Also, due to safety concerns, students are not allowed to wear full masks and full makeup to school. Costumes are to be culturally respectful.

Classes will be given a pumpkin to decorate for our Halloween Pumpkin decorating contest. Pumpkins will be on display at our Halloween Dance. Thank you to Loblaws, Heartland for donating pumpkins.

We are having a school dance in which all students will have an opportunity to attend. More details will be forthcoming.



Halloween-Costumes---Equity-Best-Practices-final.pdf

Download

116.8 KB

Halloween Treats

Due to allergy concerns, we are asking parents/guardians **NOT** to send food items to school when celebrating Halloween.

If you wish to send something, please consider non-food alternatives such as stickers, pencils, etc. Any food items sent into to school will be returned (and not distributed).



We thank you for your continued understanding and support for the safety of all of our students.



Halloween Safety Tips.pdf

Download

302.0 KB

Grateful, Thankful, Blessed



St. Veronica CES

